



**Brevard C.A.R.E.S.
Board Report September 2017**

Strengthening Families...Whatever It Takes!

August 2017

Brevard C.A.R.E.S. and Brevard Family Partnership continue discussions with Parenting with Love and Limits (PLL) to implement the program within the Brevard C.A.R.E.S. service array. PLL combines group therapy and family therapy to treat children and adolescents aged 10-18 who have severe emotional and behavioral problems (e.g., conduct disorder, oppositional defiant disorder, attention deficit/hyperactivity disorder) and frequently co-occurring problems such as depression, alcohol or drug use, chronic truancy, destruction of property, domestic violence, or suicidal ideation). The program also has been used with teenagers with less extreme behaviors. The Brevard C.A.R.E.S. implementation of the program will target families with youth returning from an out of home placement (foster care, commitment programs, residential treatment) and for families who are at risk of abandoning a youth due to severe emotional and behavioral problems. The PLL Therapist position was posted and we are currently in the process of reviewing application.

Four Brevard C.A.R.E.S. staff members attended the Child Protection Summit. Staff felt that the conference speakers and breakout sessions were very informative. Foster Care was an overarching theme of the conference with many of the general session speakers being former foster youth who had aged out of care and have gone on to professional careers.

Brevard C.A.R.E.S. continues preparations for our upcoming Council on Accreditation (COA) site visit. We have started coordinating with the Council on Accreditation Site Visit team to create a schedule for the upcoming site visit and are also coordinating with Brevard Family Partnership to ensure key leadership and staff are able to fully participate in both site visits.

Brevard C.A.R.E.S., in partnership with Brevard Family Partnership and Open Table, submitted a HUD Supportive Services Grant Project proposal to Brevard Coalition for the Homeless for \$45,800. Even though we weren't selected to move forward by Brevard Homeless Coalition they were very impressed with the proposal and wanted to find other ways to partner with us to support the proposal. Under the proposed project Brevard C.A.R.E.S. would provide coordinated entry for unaccompanied youth and youth aging out of extended foster care (and through the partnership with Brevard Family Partnership) would establish three Open Tables (North, Central, and South) to build new community capacity to serve this target population. Open Table is a promising practice that draws from the extensive research base of Wraparound, an established evidence-based practice method for assisting people in transition. Studies have shown impressive outcomes of the Open Table Model. Each table is composed of a group of volunteers that make a year-long commitment to act – through relationship-as a team of life specialist, encouragers, and advocates. The Table works together to set goals, foster accountability, and implement a plan to create change. Table members invest what they have learned on their life journey's and connect to their personal networks in their congregations and community to bring skill building, services and door opening to the plan.

Respectfully Submitted,
Phebe Powell
Executive Director